



LOOKING FOR AN UPCOMING EVENT TO EARN LIVEWELL POINTS? **DETROIT**

APRIL 15 MARTIAN INVASION RACES 5K, 10K

MAY 20 MENTAL HEALTH GLO RUN-SOUTH LYON

JUNE 3 COLORVIBE 5K

JUNE 4 HAPPY SOLES 5K/BIKE/WALK TAYLOR, MI

JUNE 24 TRENTON SUMMERFEST RACE

JUNE 23-24 RAGNAR TRAIL RUN-GRAYLING

JULY 22 FARMINGTON FOUNDERSFEST 5K COLOR RUN

AUGUST 6 DEARBORN DECADES 5K

SEPTEMBER 10 DETROIT WOMEN'S 1/2 MARATHON & 5K, 10K

SEPTEMBER 24 GROLER GALLOP ATWATER

OCTOBER 13-14 DETROIT FREE PRESS MARATHON

**CONTACT ANY MEMEBER OF THE LIVEWELL
TEAM FOR ASSISTANCE WITH RACE TRAINING
PROGRAMS, COACHING OR LIVEWELL POINTS.**