



LOOKING FOR AN UPCOMING EVENT TO EARN LIVEWELL POINTS? **JACKSON**

JAN 7 FLORA FIT FROSTY 5K

FEB 11 FROSTY 15 TRAIL RUN-MADISON

FEB 25 MISSISSIPPI BLUES MARATHON

MARCH 18 RUN THE RAINBOW FOR CHILDREN

APRIL 15 RIDGELAND ENDURANCE WEEKEND

APRIL 19 RIVERBOAT SERIES RUN

APRIL 22 FONDREN URBAN ULTA 12H RUN

MAY 20-21 RENAISSANCE MARATHON FESTIVAL 10K, 5K-RIDGELAND

JULY 15 BIG BUTTS 100K,50K TRAIL RUN

**CONTACT ANY MEMEBER OF THE LIVEWELL
TEAM FOR ASSISTANCE WITH RACE TRAINING
PROGRAMS, COACHING OR LIVEWELL POINTS.**